

A Prayer for Fearful Times

For use with Protestant Prayer Beads

Pendant/Bead	Type	Prayer
Cross or Pendant		In the name of the Father, Son, and Holy Ghost
Invitatory		Lord be with me as I pray.
	Resurrection	Thank you for your resurrection, leading us to eternal life.
First Cruciform		I love you, Lord, because
	First Week	You love me, even when I am fearful.
	Second Week	You have brought this fear into my life for a reason.
	Third Week	You always have my best interests at heart.
	Fourth Week	Your loving presence comforts and protects me.
	Fifth Week	You carry me, when I am weak.
	Sixth Week	I can trust you.
	Seventh Week	When I am with you, I am at peace.
Second Cruciform		I thank you, Lord, because
	First Week	You listen to my fears and concerns.
	Second Week	You understand why I am fearful.
	Third Week	You help me understand others' fears and concerns.
	Fourth Week	You offer me possible solutions to my problems.
	Fifth Week	You give me patience if solutions are delayed.
	Sixth Week	You help carry my fears when they are overwhelming.
	Seventh Week	You give me confidence to get through this fearful time.
Third Cruciform		Forgive me, Lord,
	First Week	For forgetting you are in control of all things.
	Second Week	For lacking compassion for others' points of view.
	Third Week	For thinking I can handle my fears alone.
	Fourth Week	For wallowing in my fear, instead of choosing positive alternatives.
	Fifth Week	For ignoring the lessons I can learn from this situation.
	Sixth Week	For putting off acting on possible solutions.
	Seventh Week	For not trusting you to guide me.
Fourth Cruciform		Lord, I pray
	First Week	For full understanding of why I am fearful.
	Second Week	For solutions to my fears.
	Third Week	For acceptance and patience, if no solutions are obvious.
	Fourth Week	For lessons to be understood and learned.
	Fifth Week	For compassion and love for myself and others.
	Sixth Week	For your help in turning my problems over to you.
	Seventh Week	For this fearful situation to end when you decide.
First Cruciform		(The Lord's Prayer)
	Listening	Tell me, Lord, what is best to do next. I am listening.
Invitatory		In Jesus' name I pray.
Cross or Pendant		Amen